



# Mental health resources



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**Children's Hospital**  
New Orleans  
LCMC Health

## 24 hour crisis response numbers

### **COPE Crisis Line**

504.269.COPE

Provides free, confidential crisis counseling, suicide prevention, and information and referral services 24-hours a day, 7 days a week.

### **TrevorText for LGBTQ**

Text Start to 678678

24/7/365

Confidential text messaging with a counselor

Or call 1.866.488.7386 for crisis intervention and suicide prevention

### **NOFJC Crisis Hotline**

504.866.9554

### **Metro 24 HR Hotline**

504.837.5400

### **National Youth Crisis Hotline**

800.442.HOPE

Domestic violence, sexual abuse, stalking and emergency shelter

### **Teen Text Line**

504.481.5625

Dial **211** for information and referrals for social services

### **National Suicide Hotline**

1.800.273.TALK

### **Metro Crisis Response Team**

504.286.2675 24-hours

### **Jefferson Parish Crisis Response Team**

504.832.5123

## Psychiatry Services



### **Inpatient Psychiatry**

504.896.7200

Behavioral Health Center

Our 51-bed inpatient unit offers comprehensive programs that serve children ages 7-17 by providing acute crisis management, comprehensive psychiatric assessment, medication management, and support for families to obtain appropriate outpatient services.

### **During any hospital stay, the child can expect to receive:**

- A multidisciplinary assessment
- Individualized care plan
- Evidence-based medication management
- Individual, group, and family therapy
- Music and recreational therapy
- Ongoing, collaborative post-discharge planning from first day of admission
- Consultation with pediatric specialists as needed

### **Outpatient Psychiatry**

504.896.7790

Behavioral Health Center

The Psychiatry Department at Children's Hospital helps evaluate, diagnose, and treat mental disorders such as ADHD, anxiety, depression, eating disorders, substance abuse, behavior problems and more.

### **Services offered include:**

- Psychiatric evaluation
- Medication management
- Outpatient psychotherapy
- Parent education
- Consultation with other professionals
- Inpatient consultation and liaison services

## Sexual trauma and domestic violence

### **Sexual Trauma Awareness and Response (STAR)**

123 N. Genois St.

New Orleans, LA 70119

504.407.0711

Baton Rouge and Alexandria locations

### **24-Hour Hotline**

855.435.STAR

Advocacy, counseling and legal services are available to youth and adult survivors of sexual violence at no cost

### **New Orleans Family Justice Center (NOFJC)**

701 Loyola St., Suite 201

New Orleans, LA 70113

504.492.4005

### **24-Hour Crisis Hotline**

504.866.9554

Provides case management, advocacy and counseling for victims of sexual assault and family violence, emergency housing

### **Metro Center for Women and Children**

504.837.5400

# Psychology Services



## Medical Psychology Clinic

504.896.7272

Behavioral Health Center

The Medical Psychology Clinic provides assessment and short-term treatment for children and adolescents ages 5 through 17 for medication management of attention deficit hyperactivity disorder (ADHD) and new onset of depression and/or anxiety.

### Services include:

Brief assessment to assist with diagnosis and treatment planning, treatment, consultation with other professionals

## The Autism Center

504.896.7272

Behavioral Health Center

The Autism Center at Children's Hospital provides comprehensive, evidence-based assessment and treatment for children between the ages of 18 months and 21 years with the diagnosis of Autism Spectrum Disorder (ASD).

### Services include:

Comprehensive diagnostic evaluations, social skills group, parent/caregiver group workshops, short-term focused family consultation

## Neuropsychology Clinic

504.896.9484

Ambulatory Care Clinics

Pediatric Neuropsychology provides comprehensive, evidenced-based assessments and treatment for children and adolescents that include: Brain Injury, Spina Bifida, Epilepsy, Genetic Conditions, Concussions, Brain Traumas, Premature Birth, Tourette's Syndrome, Brain Infections (e.g. encephalitis), Fetal Alcohol Syndrome, Cerebral Palsy, and Stroke.

### Services include:

Intellectual functioning, fine motor skills, attention and executive functioning, learning and memory, academic skills, behavioral, emotional, and social functioning, visual processing

## Pediatric Psychology

504.896.9484

Ambulatory Care Clinics

The Pediatric Psychology Department provides evidence-based comprehensive evaluation and treatment of cognitive, emotional, and behavioral problems of childhood and adolescence.

### Services include:

Diagnostic evaluations, treatment/intervention, consultation, outpatient interdisciplinary medical clinics, inpatient consultation and liaison services

Learn more at [chnola.org/behavioralhealth](http://chnola.org/behavioralhealth)

# The Audrey Hepburn Children at Risk Evaluation (CARE) Center

The Audrey Hepburn Children at Risk Evaluation (CARE) Center is a comprehensive child abuse center providing state-of-the-art pediatric forensic medicine evaluations in a home-like cottage near Audubon Park. Beyond providing clinical excellence in child abuse forensic medicine, the CARE Center is active in treatment, consultation, prevention, training, education and research.

504.896.9237

1101 Calhoun St.

At **Children's Hospital New Orleans**, we are on a mission to ensure that 5 out of 5 kids with mental and behavioral disorders receive the care and resources they need to thrive.



Mental health disorders affect

# 1 in 5 kids

The **#High5 Project** is about spreading kindness, boosting confidence, providing support, sharing resources, improving care, and building a community focused on mental wellbeing for all kids.

By building a community where all kids receive the specialized care and support that they need, we believe we will improve the overall health of our community.



## Outpatient mental/behavioral health clinics

### **Integrated Family Services**

3604 Canal St.  
New Orleans, LA 70119  
504.822.4333  
General counseling, community based,  
Multisystemic Therapy(MST)

### **Integrated Behavioral Health**

New Orleans 504.322.3837  
Baton Rouge 225.424.1822  
Metairie 504.486.8690  
Covington 985.867.2490  
Psychiatry and therapy services

### **Center for Hope**

New Orleans East and Slidell locations  
504.241.6006  
ADHD, depression, bipolar disorder,  
suicidal ideations, Oppositional  
Defiant Disorder, psychiatry, individual  
counseling, group counseling,  
independent living skills

### **Family mediation & divorce**

2401 Westbend Pkwy., Suite 4070  
New Orleans, LA 70114  
504.363.7449  
Community based counseling and  
outpatient treatment

### **Bright Side, LLC**

3301 Toulouse St.  
New Orleans, LA 70119  
504.813.0951  
General counselling, play therapy  
DePaul Community Health Center  
Multiple locations throughout the  
GNO area  
Behavioral health and primary care  
504.207.3064

### **Millstones Mental Health Agency**

4919 Canal St.  
New Orleans, LA 70119  
504.483.9883  
Counseling, crisis interventions,  
medications management,  
parent support

### **The Cognitive Behavioral Therapy Center of New Orleans**

4994 Magazine St.  
New Orleans, LA 70115  
504.383.3815  
Child/adolescent and adult  
psychotherapy, parent training,  
psychological testing and  
assessment, including autism  
and development delays

### **Children's Bureau**

2626 Canal St., Suite 201  
New Orleans, LA 70119  
504.525.2366  
Project Last (grief and trauma),  
general counseling, infant/young  
children, Spanish speaking providers

### **Mercy Family Center**

Metairie, Westbank, and  
Mandeville locations  
504.838.8283  
Psychiatry, therapy, medication  
management, parent support,  
substance abuse

### **DBT NOLA**

5521 Tchoupitoulas St.  
New Orleans, LA 70118  
504.292.2221

4011 Baronne St.  
New Orleans 70115  
Individual and group dialectical  
behavioral therapy

### **LSU Health Child & Family Counseling Clinic**

504.556.3451

## Intensive support for families

### **Coordinated System of Care (CSoc) (Wraparound)**

For families of children with complex  
behavioral health needs and are in  
or at risk of out-of-home placement  
(e.g. foster homes, group homes,  
or residential treatment centers)

Call your health plan provider to  
begin the screening process at:

Aetna Better Health  
1.855.242.0802  
AmeriHealth Caritas  
1.888.756.0004  
Healthy Blue  
1.844.521.6941  
Louisiana Health Care Connections  
1.866.595.8133  
United Health Care  
1.866.675.1607

If you are not sure which plan you  
belong 1.855.229.6848

### **Families in Need of Services (FINS)**

Orleans Parish FINS  
11008 Milton St.  
New Orleans, LA  
504.658.9590

### **Jefferson Parish FINS**

1546 Gretna Blvd.  
Harvey, LA  
504.367.3500  
Support for court-involved youth,  
chronic runaways, school behavior  
issues/truancy

### **NOLA Public Schools - the Office of Student Support and Attendance**

504.218.5386  
yocinfo@nolapublicschools.com  
2405 Jackson Ave.  
New Orleans, LA 70113  
[https://nolapublicschools.com/  
families/student-resources/  
attendance](https://nolapublicschools.com/families/student-resources/attendance)

## Need transportation assistance to get to your appointment?

### **Aetna Better Health**

Reservations: 877.917.4150  
Where's My Ride: 877.917.4151

### **AmeriHealth Caritas**

Reservations: 888.913.0364  
Where's My Ride: 877.917.4151

### **Healthy Blue**

Reservations: 866.430.1101  
Where's My Ride: 877.917.4151

### **Louisiana Healthcare Connections**

Reservations: 855.369.3723  
Where's My Ride: 855.369.3724

### **United Healthcare Community Plan**

Reservations: 866.726.1472  
Where's My Ride: 866.726.1473

## Behavioral health clinics and citizens with developmental disabilities services by region

### **Metropolitan Human Services District (MHSD)**

Algiers Behavioral Health Center, Chartres-Pontchartrain Behavioral Health Center, St. Bernard Behavioral Health Center, Central City Behavioral Health & Access Center, New Orleans East Behavioral Health Center, Plaquemines Community CARE Center  
504.568.3130  
Behavioral health, psychiatry, addictive disorders, intellectual/developmental disabilities (OCDD)

### **24 Hour Crisis Line**

504.826.2675

### **Family Helping Families**

Greater New Orleans: 504.888.9111  
Northshore: 985.875.0511  
Resource center for individuals with disabilities and their families

### **Jefferson Parish Human Services Authority (JeffCare)**

3616 S. I-10 Service Rd.  
Metairie, LA 70001  
504.838.5257  
5001 West Bank Expy., Suite 100  
Marrero, LA 70072

### **24-Hour Mobile Crisis Line**

504.832.5123  
Individual and family therapy, psychiatry, substance use prevention and treatment, developmental disabilities community services (OCDD) 504.838.5424

### **Florida Parishes Human Services Authority**

Serves Livingston, St. Tammany, Washington, and Tangipahoa Parishes  
985.543.4333  
Behavioral health, psychiatry, addictive disorders, intellectual/developmental disabilities (OCDD)



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